



Newsletter

(Quarterly-July to September 2017)

Multanimal Modi College, Modinagar

(A 'NAAC' Accredited College)

Awarded "College with Potential for Excellence" by UGC, Govt. of India

Website- mmcmodinagar.ac.in

e-mail- info@mmcmodinagar.ac.in

Phone No. 01232-243492

Fax : 01232-223620

MESSAGE FROM THE VICE-CHANCELLOR



It is heartening to know that Multanimal Modi College, Modinagar is bringing out its quarterly Newsletter. It is a commendable effort aimed at harnessing creative skills of the students by providing them a forum to express their views on various important issues. I wish the Newsletter go a long way in accomplishing the goal of value education.

I convey my good wishes and felicitations to the Principal, members of faculty and students for bringing out such a prestigious publication.

N.K. Taneja
(N.K. Taneja)
Vice-Chancellor

MESSAGE FROM THE HONORABLE CHAIRMAN



I am glad to know that the latest edition of the college newsletter is going to press. The newsletter has been a great success in highlighting the various activities and achievements of the college. My best wishes to the editorial team.

Dr. D.K. Modi
Dr. D.K. Modi
Chairman

ORIENTATION PROGRAMME IN B.P.E.S. DEPARTMENT

Orientation programme for BPES first year students was organized in the seminar Hall of Department of Physical Education on 11th September 2017. Dr. S.S. Suri first introduced all the students of BPES to Prof. R.C. Lal, Principal, Dr. Ravi Kumar, Coordinator, Dr. Viveksheel Incharge, Sports & Games Committee and Faculty Members. Prof. R.C. Lal welcomed all the new students and new faculty members and gave them his best wishes. Dr. Ravi Kumar also addressed the students. Tarun Arya, Assistant Professor gave vote of thanks.



HINDI DIWAS CELEBRATION (DEPTT. OF HINDI)

Hindi Diwas was celebrated in the college on 14-9-17 under the aegis of the Deptt. of Hindi. Dr. Atrish, an eminent linguist was the chief guest on the occasion. He stressed upon the usage of Hindi at all levels. He also highlighted the fact that Hindi being a flexible language has amalgamated many other languages and has thus enriched itself. Dr. Vandana Sharma H.O.D. shared her optimism about the rise & acknowledgement of Hindi all over the world. Dr. J.P. Yadav was the key-note speaker at the event. The students of B.A. & M.A. also gave various presentations. Dr. P.K. Garg, Vice Principal was the chairperson at the event. The programme was conducted by Dr. V.B. Tripathi.

Vote of thanks was given by H.O.D., Dr. Vandana Sharma. The programme was attended by large number of students as well as faculties.



STAFF CLUB CELEBRATION

The annual function of the Staff Club was celebrated on 23-9-17. The occasion was used to felicitate the faculty members who had some achievements to their credit in the academic session 2016-17. The faculty members Dr. S.S. Suri & Dr. Arun Kumar, who retired in the current academic session were also honoured. Dr. K.K. Sharma's latest book on archaeology and Dr. Sushma Srivastava's book on Fishery biology was also released. The staff members also recollected their moments spent with their retiring colleagues. The occasion also welcomed three new faculties in the Deptt. of Botany namely. Dr. Arun Kumar Maurya, Dr. Sujata & Mr. Yogendra Prasad Saxena. The faculty members who recently got promotions were also felicitated. Principal, Prof. R.C. Lal addressed the gathering. The Programme was conducted by Dr. K.K. Sharma. Dr. Vivek Sheel gave vote of thanks. The Programme was followed by lunch.



ONE DAY SEMINAR ON "CONTRIBUTION OF DR. S.R. RANGANATHAN IN LIBRARY SCIENCE"

A one day Seminar on "Contribution of Dr. S.R. Ranganathan in Library Science" was organized by the Department of Library & Information Science. Dr. Shiva Kannoja, Central library JNU, New Delhi was present as the Chief Guest & Dr. J.A. Siddiqui, (CCS University), Meerut was the resource person of the seminar. Prof. R.C. Lal, Principal, presided over the function. Several students and faculties of different colleges presented more than 50 papers. The Patron of the seminar was Dr. S.S. Suri. Dr. Geetanjali Sharma, Organizing Secretary welcomed the guests. Dr. K.K. Sharma & Dr. Viveksheel acted as the chairperson for the two technical sessions. At the Valedictory function Dr. Geetanjali Sharma presented the report & Dr. Ravi Kumar, Convener gave vote of thanks.



TEACHER'S DAY CELEBRATION BY BBA & BCA STUDENTS

Teacher's day was celebrated by the students of BBA & BCA on September 06, 2017 in honour of the teachers. A cultural programme was organized by the students on this occasion. Speeches, Poetry Recitation, Songs and Dances were performed by the students during the event. The students also felicitated Principal, Prof. R.C. Lal and all other faculties on the occasion. Cake cutting was done by Principal Prof. R.C. Lal. Principal. He also blessed the students and wished them for their bright future. Dr. K.K. Sharma also addressed the gathering and highlighted the significance of teacher-pupil relationship. Dr. Ravi Kumar Co-ordinator of Professional Studies gave vote of thanks. The Programme was attended by Dr. P.K Garg, Mr. Naveen Mittal, Mr. Pankaj Sharma, Mr. Amit Tyagi, Mr. Pankaj Dixit, Mr. Abhinay Bhardwaj, Mr. Prashant Sharma, Mr. Lovelesh Kumar, Ms. Neetu, Mr. Rohit Pal, Ms. Anshu Chaudhary.



TEACHER'S DAY CELEBRATION

Teacher's day was celebrated on 05-09-2017 in the Faculty of Professional studies and training campus. Principal, Prof. R.C. Lal, Chief Guest of the occasion gave his best wishes to all the faculty members. The programme was attended by several faculty members including Dr. K.K. Sharma and Dr. Vivek Sheel who shared their experiences as a teacher. Dr. Ravi Kumar, Coordinator addressed the gathering. Dr. S.S. Suri, incharge BPES, gave vote of thanks.



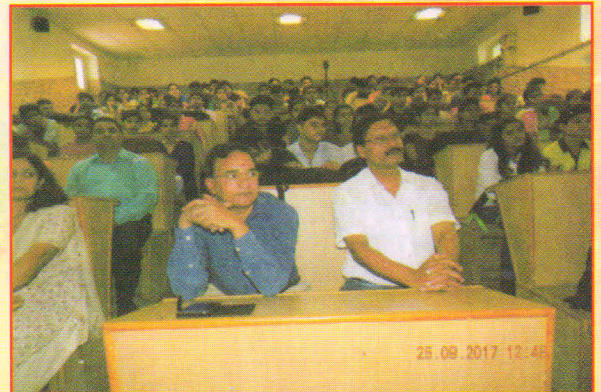
GUEST LECTURE ON PT. DEEN DAYAL UPADHYAY

A guest lecture was organized on Pt. Deen Dayal Upadhyay Birth anniversary (Dated 25-09-2017) by the Faculty of Professional Studies. Dr. Shivali Aggarwal delivered Lecture, entitled "Relevance of Political Ideas of Pandit Deen Dayal Upadhyay". She highlighted the various aspects of his life and Ideology. Dr. Ravi Kumar, Coordinator, Faculty of Professional Studies welcomed all the guests. Professor R.C. Lal, Principal also addressed the gathering. Dr. K. K. Sharma, Coordinator, Cultural Council of College also shared his views on Pandit ji. Ms. Richa Yadav gave vote of thanks. Dr. P.K.Garg, Dr. Harish Kumar, Dr. Nivedita from Ginni Devi College, and all the faculties of Professional Studies were present during the Lecture.



LIVE TELECAST OF PM NARENDRA MODI'S ADDRESS ON THE THEME "YOUNG INDIA, NEW INDIA"

A live telecast of PM Narendra Modi's address on the theme "Young India, New India: A Resurgent Nation: From Sankalp to Siddhi" was arranged in the college auditorium on 11/ 09/2017. The PM's address was to pay tribute to Pandit Deen Dayal Upadhyay and mark the 125th Year of Swami Vivekananda's Chicago Address. The telecast was attended by Principal Prof. R.C. Lal, Faculty Members and students.



NCC REPORT

Seventy Students of the college were selected as NCC Cadets for the First year of the session 2017-18. The Selection was done after written exam as well as physical test. The selection was conducted by Col. Ashish and PI Staff. Principal Prof. R.C. Lal blessed the selected cadets and motivated them to serve the nation. According to NCC Officer Dr. Mukesh Kumar, the selected cadets will be eligible for "A" & "C" certificate after passing the NCC exam. A rally on the theme "Clean India & Healthy India" was also organized by the NCC department on 28-09-17 under the banner of M.M. College and 35 UP BN NCC Modinagar. Principal Prof. R.C. Lal signaled the rally from the college. The rally performed the task of cleaning and sanitation in the nearby areas.



HEALTH CORNER

–Dr. Arun Kumar Maurya

HOLY BASIL–TULSI

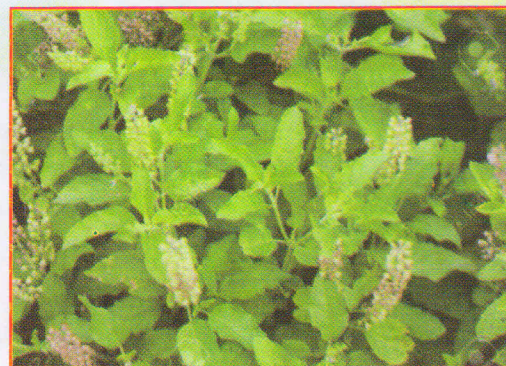
Ocimum tenuiflorum (synonym *Ocimum sanctum*), commonly known as holy basil, tulsi in Hindi. It is an aromatic perennial plant and native to the Indian subcontinent and widespread as a wild and cultivated plant throughout the Southeast Asian region. Tulsi is cultivated for religious, medicinal, and for essential oil.

It's known species are the cooking herb Cooking basil, *O. basilicum* and medicinal herb Tulsi (holybasil), *O. tenuiflorum*. The active chemical constituents of tulsi are oleanolic acid, ursolic acid, rosmarinic acid, and essential oils like eugenol, carvacrol, linalool, β caryophyllene, β elemene and and germacrene. *O. sanctum* extracts have some antibacterial activity against *E. coli*, *S. aureus* and *P. aeruginosa*. Tulsi leaves are considered as an essential part in the worship of Hindu Gods. Vaishnavas traditionally use Hindu prayer beads made from tulsi stem and roots.

Tulsi has been used for thousands of years for its diverse healing properties. It is mentioned in the Charaka Samhita. Tulsi is helpful for adapting to stress and considered as a kind of "elixir of life" and believed to promote longevity. Tulsi extracts are used as herbal tea, dried powder, fresh leaf or mixed with ghee. Essential oil extracted from Kapoor tulsi is mostly used for medicinal purposes and in herbal cosmetics. The dried leaves are mixed with stored grains to repel insects or mosquitoes.

Some important species of Tulsi:

1. Gambhira (*Ocimum americanum*): leaves used for skin disease.
2. Sweet Basil (*Ocimum basilicum*): used in condiment mixture, cosmetics, perfumes and seeds used as beverage.
3. Ram tulsi/ Vriddha tulsi (*Ocimum gratissimum*): used as medicine in the rheumatism and paralysis.
4. Kapoor tulsi/Kala tulsi (*Ocimum kilimandskaricum*): used as source of camphor and essential oil.
5. Holy basil (*Ocimum sanctum*): used as condiment.
6. Fever plant of Sierra leone (*Ocimum viride*): Leaves used in cough and fever.



MANAGERIAL MEETINGS DURING JULY-SEPTEMBER, 2017

1. Meeting with Proctorial Board on 14/08/2017.
2. Meeting with Admission Committee on 17/08/2017 regarding UG and PG admissions.
3. Meeting with the Science faculty on 21/08/2017 regarding the Time table.
4. Meeting with Admission Committee on 23/08/2017 regarding UG and PG admissions.
5. Meeting with the staff of the Department of Physics on 27/09/2017.
6. Meeting with Proctorial Board on 27/09/2017.

EDITORIAL BOARD

Prof. R.C. Lal (Patron)
Dr. Vivek Sheel (Editor-in-chief)
Dr. Arun Kumar Maurya (Member)
Smt. Geetanjali Sharma (Member)
Ms. Richa Yadav (Member)
Mr. Sunil Kumar (Office Member)
Mr. Daksh Taluja (Student Member)

To,

Book Post
